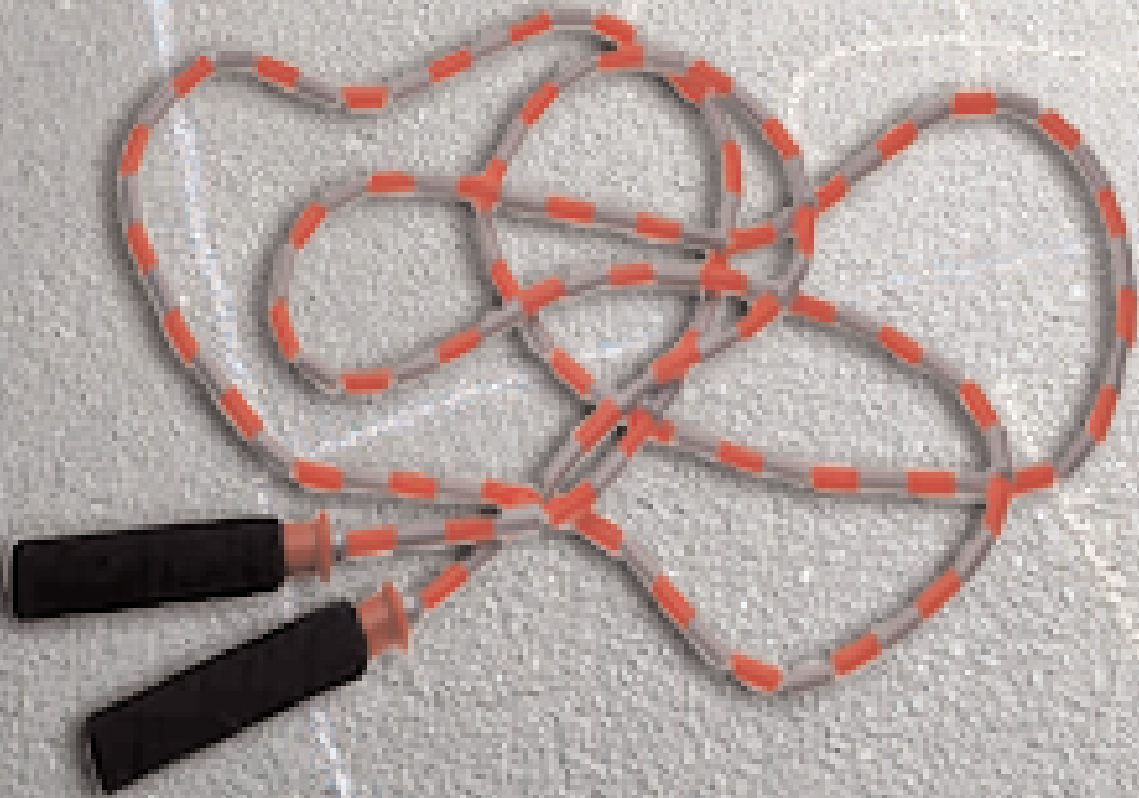




Used regularly, it can help prevent diabetes.

Childhood obesity has been linked to serious health problems, including diabetes. Encouraging regular exercise can prevent obesity and improve your kid's long-term health. For more information visit www.peel-obesity.on.ca or call Health Line Peel at 905-799-7700.



Used regularly, it can help fight cancer.

Childhood obesity has been linked to serious health problems, including cancer. Encouraging regular exercise can prevent obesity and improve your kid's long-term health. For more information visit www.peel-obesity.on.ca or call Health Line Peel at 905-799-7700.



Child Dose: Take once for improved performance in school

A daily breakfast can also help to prevent childhood obesity and improve your kid's long-term health. For more information visit www.peel-obesity.on.ca or call Health Line Peel at 905-799-7700.